

November 2022

“November is National Gratitude Month, a time to celebrate and give thanks. Reflecting on that for which we are grateful, is an important way for people to feel satisfaction with themselves and current state, rather than dissatisfaction with what they don't have. Gratitude is more than simply saying “thank you.” Gratitude’s amazing powers have the ability to shift us from focusing on the negative to appreciating what is positive in our lives. Practicing daily gratitude gives us a deeper connection to ourselves, and the world around us.”

From the National Day Calendar

Unfortunately, there are people who no matter how much gratitude they feel for what little they have, feelings for what they’ DON’T have are more powerful and crushing: Not enough money for food, heat and clothing, no family or friends’ support, health issues, etc. etc. etc. Right now, the conflict in Ukraine has left so many people in dire straights. Other than being thankful **IF** one of their loved ones is still alive, they have nothing, and nothing to be grateful for. There are people all over the world, not just in Ukraine, that face these same hardships, including the United States. So let us be thankful every single day, not just in November, for our blessings, our healthy lives, the opportunities to be whatever we want, friendship, family, and the gift of life. Being fortunate to have these blessings, we should strive to support those that are in need, in whatever capacity we are able to, help those that don’t have the necessities of life. You **WILL** feel much better!

I am so grateful for having discovered the Salem Area Women’s Club which has given me an avenue to “Give Back” to the Salem area, make wonderful friends and learn more of how big a problem this is.

Maria Baribeau
Editor



Veterans Day

Besides celebrating thanks, November is also a day to remember our Veterans. Unlike Memorial Day which honors those who have died for our freedom, Veterans Day is an important day for every American and is intended to honor and appreciate all servicemen who served the United States in all wars, mainly living veterans.

Let us give thanks and appreciation to all those who have sacrificed so much, including their family members.



TREASURER'S REPORT



Treasurer's Report - September 2022

Respectfully submitted by Lorie Ball

October 4, 2022

Operating Account: September 2022

Income:

Hidden Jewel Tickets	\$	520.00
Membership Dues	\$	199.00
Comedy Night - 5 Tickets	\$	300.00
Interest	\$	4.70
	\$	1,023.70

Expense/Donations:

293 - Hope Food Pantry (21/22 donation)	\$	150.00
302 - Bridging Horizons - Golf Sponsor	\$	100.00
303 - Isaiah 58 Table Sponsor	\$	500.00
306 - Isaiah 58 4 Tickets	\$	340.00
Debit - Comedy Night - 10 Tickets	\$	652.80
	\$	1,742.80

Balance:	June 30, 2022	September 30, 2022
	\$ 57,782.37	\$ 57,063.27

CD: \$50,056.97 Opened 3/22/22, Matures 12/21/22
 (\$10,056.97 from Scholarship Acct, \$40,000 from Operating)

2022-2023 Budget:

	<u>Budget</u>	<u>Actual (Year-End)</u>
Income	\$ 71,502.00	\$ 58,040.83 (With \$20k reserve)
Expenses:		
GFWC	\$ (4,378.00)	\$ (206.40)
Meeting Supplies	\$ (3,550.00)	\$ 0.00
Offices Supplies	\$ (1,000.00)	\$ (96.26)
Member/Leadership	\$ (6,650.00)	\$ (496.13)
Committees	\$ (10,500.00)	\$ 0.00
Donations	\$ (34,500.00)	\$ (5,575.00)
Net	\$ 10,924.00	\$ 51,667.04

Pending Payments

297 - Comp Tickets: Hidden Jewel	\$	80.00
304 - Bridging Horizons - Player Sponsor	\$	25.00
305 - Historian Office Supplies	\$	17.98
Total Outstanding Payments	\$	122.98

Donations: June 1, 2022 to date: \$7,455.00 To 10 Organizations

Meet Our Newest Members



Doreen Koor, Anne Reynolds, Valinda Willis, Sue Phillips, Susan Mothon, Paula Senia

Welcome! We look forward to getting to know you!

Isaiah 58 Eighth Annual Charity Dinner



Attending were: Betty Gay, Patti Drelick, Norma LaPointe, Lorie Ball, Darlene Daniele, Linda Harvey and Marilyn Suszek

Such a wonderful event celebrating a pillar of our community, Larry Belair, at the Isaiah 58 Eighth Annual Charity Dinner as he was presented the High Sheriff Michael Downing Award for Humanitarian service. SAWC was a proud sponsor of the Annual Dinner with a donation of \$500 to support the good work of Isaiah 58.

Congratulations, Larry!

Silent Auction items won. Pictured: Patti Drelick, Betty Gay Norma Lapointe and Lorie Ball



General Meetings Reminder

Don't miss any of the fun all year long! Save these dates on your calendar now for the **monthly 2022-23 SAWC Meetings: Nov. 1, Dec. 6, Jan. 3, Feb. 7, Mar. 7, Apr. 4, May 2, June 6**

Beginning in December, our Club's General Member Meetings will have an alternating schedule:

Bold dates/**Even** months are at **Luna Bistro**, 254 North Broadway, Unit 101, Salem

11:30-12:30 Business Meeting

12:30-1:30 Social Hour and optional lunch served

Those choosing to have lunch must rsvp in advance. Cost 20.00

Odd months, are at Centerpoint, 101 School St, Salem, NH

11:30-12:30 Social Hour and optional brown bag lunch

12:30 -1:30 Business Meeting



Salem Area Women's Club Creative Writing

By the Arts and Culture Committee

Co-chairs Shamim Calcuttawala and Joanne



SALEM AREA WOMEN'S CLUB-GFWC-NH CREATIVE WRITING CONTEST

This year our club is sponsoring a Literary Contest and is open to all members.

Subjects:

1. Family Heritage.
2. Person or persons who you consider a hero in your life.
3. Short story of your choice

Submissions: Your essay should be between 500 to 2000 words, typed double spaced on 1 side 8.5 x 11 paper.
One entry per category.

Include your name, address, e-mail and phone number in the right-hand corner.

Title should be in the center

Deadline: All entries should be submitted by February 15, 2023.

Prizes: First: \$150, Second: \$100 Third: \$75

Prizes will be in the form of gift certificates to local, women owned businesses and will be awarded at the March 7, 2023 meeting.

Winners of the contest will on to the State competition level and could end up in the National Level.

Submissions will be judged by an impartial panel.

One entry per member per category.

Please send entries to Sandra Demers, 6 Beverly Avenue, Salem NH 03079 or email to shamimcalc@outlook.com or centanni@comcast.net.

We hope this sparks your imagination! We all have a story. If you are interested, we will have sign-up sheets available at the November meeting.

Upcoming Events

- Oct 17-Dec 2** Winter Clothing Drive **(see last page for more info.)**
- November 1:** SAWC GFW-NH Member Meeting 11:30-1:30 Centerpoint **(see last page for more info.)**
- November 1:** Shoeboxes pickup
- November 2:** Greater Salem Caregivers Annual Gala **(see Education and Libraries report below.)**
- November 4:** The Upper Room Tailgate party and auction.
- November 11:** Veterans Day
- November 17-19** Seifert Performing Arts Theatre - Ranked A Musical **(see last page for more info.)**
- November 27** Salem's Holiday Parade Sunday November 27th at 1:00. See Civic Engagement Report below
- December 6:** SAWC GFWC-NH Holiday Party/Member Meeting 11:30-1:30 Luna Bistro lunch optional rsvp, \$20

Education and Library Committee

By Lorie Ball, Co-Chair



This month the E&L Committee will kick off its **Winter Clothing Drive** in collaboration with Santo Insurance and Daisy Cleaners. Gently used and new winter coats, boots, hats, and mittens of all sizes will be accepted. Donations can be dropped off at Santo Insurance, 224 Main Street, Salem, Monday through Friday between 8:00am and 5:00pm. Cleaning of gently used coats will be provided by Daisy Cleaners. The clothing drive will run from October 17 to December 2 and is being advertised to the public. Donated items will be distributed through the Salem School District to children and families in need. Items not distributed will be donated to local non-profit organizations serving families in need. See last page for more info.

Contact Jamie Santo at Jamie@SantoInsurance.com or (603) 475-4295 or Lorie Ball at LorieB603@gmail.com or (603) 770-7319 for more information.

Update on Comfort Care Bags

As reported in the October Issue of the Newsletter, the Club is making comfort care bags. Sandy was one of three members sewing cloth bags which will hold all the Comfort Care items being coordinated by the Health and Wellness Committee to give to rape victims in two hospitals. The project has been completed. Jean Malisos, Sue Raymond and Sandy Carlson made 32 cloth drawstring comfort bags, from the pink and green fabric donated by Sharon Drelick. Pictured is Sandy holding them. The Health and Wellness Committee will outline the list of clothing, items in various sizes needed for the bags at our November 1st meeting



Civic Engagement

Norma Lapointe and Deb Slein Co-chairs

The SAWC Civic Engagement Committee encourages all SAWC members to increase their awareness and involvement in Civic Engagement. Volunteering is one of the best ways to put civic duty into action and foster a stronger sense of community. Listed below are some ways you can contribute to our community and world.

1. Veterans Day is coming up - Friday **November 11, 2022** and it is all about honoring our soldiers, both past and present, who have made sacrifices for our freedom. We don't know them all, but we owe them all. You can honor them by thanking all veterans in your life, and community, for their service– they've earned it. A simple "thank you for your service" will bring a smile to their face.

2. Salem's Holiday Parade is Sunday **November 27th 2022 at 1:00**. This year's parade theme is "Christmas at the Zoo". Our club will be walking with our SAWC banner in the parade and handing out small stuffed animals to the children. This is an easy way for our members to participate in a community event and help foster the small-town community atmosphere of Salem. Please consider walking with us. Event details will be available at our next SAWC meeting on Tue. 11/1/22.

3. SAWC has long supported the Samaritan's Purse Operation Christmas Child Shoebox giving where donated shoeboxes filled with Christmas gifts are shipped to children in nine countries across Eastern Europe, Africa and Central Asia. This is a voluntary donation opportunity for our SAWC members to fill a shoe box with school supplies, toys, and personal care items for children less fortunate than us. The shoe boxes will be available at the next SAWC meeting on Tue 11/1/22 with more information and drop off dates and items to be included in boxes



Communication and Public Relations

Maria Baribeau and Jamie Baker Co-Chairs



Website Reveal... Drum Roll Please

For the past few months, the Communications and CPR committee; Jaimie Baker co-chair, Maria Baribeau co-chair and Patti Drelick have been working very hard to create an SAWC website. Jaimie Baker is the Webmaster and Architect. Maria and Patti are providing Jaimie with the goals, features ideas, suggestions and comments on how they envision it. This is something that has been talked about and hoped for, for some time at the SAWC meetings. On Monday, October 17, the Board of Directors met at Maria's house to get a first look at the website and added their thoughts, concerns and suggestions. It looks amazing already. Look for the next update.

SAWC Board of Directors hard at work on the Website Development at Maria's house



Getting To Know You

Deb Slein



Deb Slein has been a member of the Salem Area Women's Club for about 6 years. She met Sheila Casey at a restaurant and coincidentally they were seated next to each other. They started chatting, and Sheila invited Deb to come to a meeting in the hopes she would join. Deb was still working at the time but was contemplating retiring in the next year or two. She did go to a meeting and found all the qualities she was hoping to find in an organization once she did retire: Giving back to the Community, a Social environment, no commitment to a schedule and she found the atmosphere very relaxing. She joined and continued working for two years and then began in earnest to become a more active member. Deb has gotten involved in numerous projects. Currently she is the Co-Chair of the Civic Engagement Committee. In this role, she has worked on the Family Promise project, cooking once a month and helping with the sponsorship by the SAWC to completely furnish and decorate the Family Room. It is a long process but will be completed soon. She loves their messaging and mission. Deb volunteers to help with other projects as needed. She is a member of the Book Club, and has participated in the "Social" Club' where members meet to go to movies, dinners etc. This group is in the process of adding more social events for members to get involved in.

Deb has lived in Salem, NH her whole life. Her main home is in Salem, but she has a home on Lake Sunapee as well. She went to Saint Joseph's Grammar school, Salem High and then to UNH. Deb worked for 32 years at Mercury Systems in Andover. Her positions during her career there include Order Admin, Contract Negotiations, Customer Service Support and Project Manager. Deb and her husband, Robert, have three children and three grandchildren. Her two sons live locally. Her daughter is an Air Force Pilot, stationed in South Korea where she flies a "Wart Hog" plane, solo! We thank her for her service and courage!

Deb has many hobbies and activities. She golfs, travels, hikes, summers on Lake Sunapee where her twin sister and family also have a home. The most impressive activity Deb and her husband have accomplished is when they climbed all 48 over 4,000 feet mountains and completed them between the ages of 50 and 60!

Another busy, life loving individual!

Health and Wellness

By Linda Molchan Co-Chair



The Health and Wellness Committee has been busy just lining up what we can do for our members and our community. We welcome any suggestions and members who want to join Using this effort. We have a couple of events in November:

- **November 2nd** We are a Silver Sponsor for the Greater Salem Caregivers Annual Gala held at Searles Castle in Windham! We will also donate a great raffle gift to this event. All who attended last year had a wonderful time. Theme is Hats Off to the Volunteers. Contact Linda Molchan to RSVP.

- **November 4th** We are a "**Fund A Family Sponsor**" for the Upper Room 24th Annual Tailgate Party. Auction held at Tupelo in Derry. The Upper Room is a Family Resource Center assisting families who are experiencing difficult times.

- We are working on our **Comfort Bag** Project and are so grateful to all who have helped so far!

November is **National Family Caregivers Month**. We celebrate all providers who through their devotion and love to their family member provide care. Caring for a loved one takes an emotional and physical toll on providers and I am sure we all know someone who could use a word of praise and encouragement for what they do.

***Health Reminder** - It is flu season and Covid has raised its ugly head and is on the rise again. Check with your physician and get your vaccines if eligible.

Volunteers Needed

- **AARP Tax-Aide Program**, Feb - April at Ingram Senior Center, Salem.

Tax experience not necessary. Training available for all areas of help needed.

For more info: aarpfoundation.org/taxaide or call 888-227-7669

-**Election Poll Workers**, Nov. 8, Salem NH

No experience necessary. Easy, quick training.

For more info: call 603-898-5285

-**Arts and Culture committee** is looking for members to organize and plan fun events. If anyone is interested in joining the committee, please contact Shamim Calcuttawala @ (603)401-4075 or shamimcalc@outlook.com. Or Joanne Cuomo @ (603) 247-1193 or centanni@comcast.net

-**The E&L Committee** is working on creating a schedule for volunteers who would like to read to preschool children enrolled in the Salem Family Resource, The Learning Cooperative, program at Haigh School once a month for thirty minutes. Please contact Ann Marie at amlrnshs@gmail.com or 603-275-1838 if you would like to take advantage of this wonderful opportunity to spend time and read to these precious children. Books will be provided. You do not have to be a member of the E&L Committee to volunteer

- **Civic Engagement** SAWC donates and prepares a Meal for Family Promises of Nashua the 1st Wed of each month. Next meal is Wed. 11/2/2022 We need: Boneless Chicken Thighs, Rice Pilaf and Volunteers to help with meal prep 10:00am-11:00am

SAWC Book Club

This month the SAWC Book Club met at Gourmet Bites to discuss Born A Crime: Stories from a South African Childhood By Trevor Noah. Ann Reardon was this month's hostess and lead the book discussion. In this book comedian and television personality Trevor Noah gives a heartfelt and funny recounting of his experiences growing up in South Africa as an oppressed person. Stories of Noah's life are interspersed with insights into South Africa's culture, systems, and history. The group enjoyed great conversation and tasty lunch choices. Next month the group will be reading Breakfast at the Beach House Hotel by Judith Keim at Maria's house.

End 68 Hours of Hunger Recognition



The Salem School Board invited Maria Baribeau, (Co-Chair of the Communications an PR Committee,) and her husband Don to their meeting where they were recognized, thanked and honored for their contribution of time and work for the End 68 Hours of Hunger. A very special show of gratitude from the entire School Board.



 **GREATER SALEM CAREGIVERS**

HATS OFF

to the **Volunteers**



Gala Celebration

When	Wednesday, November 2, 2022 4:30PM - 8:00PM
Where	Searles Castle 23 Searles Rd Windham, NH
Cost	\$50 per person includes: • Three Course Meal • Entertainment • Raffles
Contact	To Reserve Seats: Greater Salem Caregivers PO BOX 2316 Salem, NH 03079 603.898.2850 sailemcaregivers@gmail.com



More information on events mentioned in this newsletter.



Please join us for the next
Salem Area Women's Club GFWC- NH

Member Meeting

Tuesday, November 1, 2022
11:30 - 12:30 Social Hour
(bring your brown bag lunch optional)
12:30 - 1:30 Meeting
Centerpoint
101 School Street, Salem NH

Looking forward to seeing you!

Salem Performing Arts updated their cover photo.



Ranked
A MUSICAL

Seifert Performing Arts Center
November 17-19
ssd.booktix.com

12 likes, 1 comment, 3 shares

"Ranked" is a story of a dystopian world where competition reaches new heights as publicized academic excellence defines each high school student's worth.
Thursday, November 17th at 7:00pm. Salem High - Price may vary between \$12-15 per person. (I will know better once I have a number of attendants)

Santo Insurance & Financial Services
A Reliance CompanySalem Area Women's Club
General Federation of Women's Clubs, Inc.

GREAT THINGS HAPPEN WHEN COMMUNITY WORKS TOGETHER!

Santo Insurance, Salem Area Women's Club, and Daisy Cleaners are working together to keep our community warm this winter.



WINTER CLOTHING DRIVE

 Gently used or new winter coats, snow pants, boots, hats & mittens
All sizes accepted. Cleaning provided by Daisy Cleaners.

Collection Dates: October 17, 2022 - December 2, 2022

Drop-Off Location: Santo Insurance & Financial Services
224 Main Street, Salem, NH
Suite 2A - 2nd Floor Reception Area

Drop-Off times: Monday - Friday
8:00am to 5:00pm

Donated items will be distributed through the Salem School District to children and families in need. Items not distributed will be donated to local non-profit organizations serving families in need.

Contact Jamie Santo or Lorie Ball for more information:
Jamie@santoinsurance.com (603) 475-4295 | LorieB603@gmail.com (603) 770-7319